



COACHING FOR SUCCESS

Name: _____

What specific goals do you want to achieve? (see checklist)

- 1)
- 2)
- 3)

What do you see as your responsibility towards achieving these goals?

- 1)
- 2)
- 3)

As a professional coach, I will provide specific knowledge, tools and support to help you reach the goals you have established by:

- 1) Maintaining a results orientation
- 2) Contract for a “partnership” agreement: Engage in professional, ethical, trusting and value-centered relationship—requests made and promises kept
- 3) Focus on personalized coaching for you as a client (checklist areas)
- 4) Provide assessments when necessary—link behaviors to bottom-line goals
- 5) Implement needed interventions: Training, mentors, research-based models or educational information/articles

What measures will indicate to you that specific goals have been reached?

- 1) Assessment results
- 2) Increased productivity and efficiency toward my job
- 3) Increased satisfaction with performance and accomplishments in my job
- 4) Feedback interviews from others (List Names):
 - a) _____
 - b) _____
 - c) _____

Other: _____

Expected Frequency of Coaching Engagements: __ Weekly __ Monthly